

## Introducing RethinkCare – Your Upgraded Parenting Solution



Rethink Benefits is now RethinkCare. RethinkCare provides a Parental Success solution that helps families raise more resilient children, including those with developmental and learning challenges. Your benefit will continue to provide family support when you need it, including 24/7 access to tools and resources to help you understand, teach and better communicate with your child. You will also continue to have access to free parenting consultations with Board Certified Behavior Analysts.

## This benefit is provided by your employer at no cost to you.

In addition, you now have access to digital training focused on parental and family wellbeing, including sessions, exercises and an expanded library of tips and articles to help manage modern challenges at home and at school for all children.



Ongoing consultations with a dedicated behavior expert to address your specific challenges



Unlimited access to our website and mobile app with how-to videos and resources to teach crucial skills



Exclusive content developed to assist your child with socialization, self-help, academics and more



Catalog of goal-based training focused on parental and family wellbeing. Train practical, repeatable skills through micro-learning

## **Already Enrolled in Rethink Benefits?**

Login as usual at rethinkbenefits.com/login and you will see the new experience.

## Signing up for RethinkCare for the first time?

Get started at rethinkbenefits.com/nutanix with code **nutanix**.